

NEPAL

LESSONS FOR MISSION MINDED KIDS

LESSON 1

THE COUNTRY OF NEPAL



Nepal

Lesson 1: The Country of Nepal

Goals for Lesson 1:

- Children will see the importance of opening their hearts and minds to learn about different kinds of people in the world.
- Children will begin to learn about the country of Nepal and its people.
- Children will be introduced to Psalm 69:32-33, and be able to apply it to the needy people of Nepal.

Verse for Nepal:

“The humble will see their God at work and be glad. Let all who seek God’s help live in joy. For the Lord hears the cries of His needy ones; He does not despise His people who are oppressed.” Psalm 69: 32-33

Before Class:

- Read through lesson and decide what you will use according to your age group and time allotted.
- Make copies of the flag and map coloring page for each child. Obtain markers or crayons.
- Prepare the verse and the maps in a format suitable for your group. Write the verse on a blackboard or large poster board and mount the maps on sturdy paper, or prepare the verse and maps to be viewed as a slide on a screen.
- Obtain a blank poster board and attach it to a wall or easel where everyone can see it. You will be making a visual representation of the verse. You can collect old magazines and allow the children to cut applicable pictures to express the words of the verse, or you can draw or have someone else draw pictures as the children suggest them, or you can prepare clip art from the computer and have the children cut them out and glue them on. This is meant to be a group project, with the end result being used in subsequent lessons. You could also have the children make individual visual verses to take home, and make a larger class version to keep in the room as well.
- Decide how you will use the quiz and prepare as necessary.

Lesson Plan:

- Begin your lesson time with prayer. (5 min.)
- Display verse so that everyone can see it. Read the verse out loud, or have the children read it with you. Talk about and explain some words like “humble”, “despise” and “oppressed” to make sure everyone understands what the verse is saying. Talk about people who are needy and oppressed, relating those thoughts to any experiences they have had or people they have come in contact with. Many American children have not experienced “needy and oppressed” first hand, and need to talk through those concepts. (5-8 min.)
- Use the blank poster board to design your own group’s visual of this verse. Use a picture or symbol to represent most words in the verse, filling in a few of the pronouns and articles as needed. Your poster board will be unique to your own group, but it might look something like this.....

“The  will  their  at  and be ”

Save this poster board and use it to review during each lesson and to remind your students about the meaning of the verse. (20-30 min.)

- Read or tell the story part of the lesson, discussing and explaining as needed, and relating your visual verse to the story where applicable. (15-20 min.)
- Hand out the coloring page and markers or crayons. Talk about the symbolism of the flag and its colors and review the facts printed at the bottom. (8-10 min.)
- Either hand out copies of the quiz to take home, or use it to play a review game in class. **(5-30 min.)**

To play the game, divide your group into two teams. Use colored plastic chips, marbles, buttons, etc. as tokens for points earned. Have small prizes (candy, pencils, bookmarks, etc.) on hand for the winning team (or for everyone). Take turns reading one question aloud to each team. Let the team members consult each other and come up with an answer together. If a team gets the correct answer, give them a token. At the end of the quiz, the team with the most tokens wins.

*If you have mostly older kids, see if they can get the answer without any clues. If the first team can’t get it, ask the second team. If no one gets it, go back to the first team, using the multiple choice answers as clues.

*If your kids are younger, ask the question and then give two choices, using the correct answer and one other choice from the quiz. If the first team gets it wrong, it will be obvious what the correct answer is, so just tell them the correct answer and talk about that question and answer, using the opportunity to reinforce their learning about Nepal.

- End your time together with prayer for the Nepalese people. (5 min.)

Lesson 1 Story: The Country of Nepal

Nepal (nuh-pall) is a little country in Asia that is about the size of our U.S. state of Arkansas. Why would we bother to spend time learning about such a little place? What could possibly be interesting or important about a little country on the other side of the world? The people who live there speak a language we can't understand. They look different than us and they eat strange food, and even their clothing is different. Do they know about us? Do they care about us? **(Look at the world map together and talk about how small Nepal is compared to the U.S.)**

Did you know that Jesus speaks Nepalese? Of course you know that He made the people who live in Nepal, and that He died to make a way for them to go to heaven. Do you know that He asks us to care about each other and see each other as brothers and sisters, even though we have never met? We are going to take a trip to Nepal right here in our classroom this year and learn all kinds of things about those people who are so different from us. If Jesus has asked us to love them and treat them like sisters and brothers, then we had better know a little bit about them and how they live. Maybe as we get to know them better, we will also think of some ways we can show them the love of Jesus and let them know that we care about them.

If you ever went to Nepal, you would find lots of mountains and forests. In fact, the largest mountain in the whole world is found in Nepal. Have you ever heard of Mount Everest? It is almost 30,000 feet high and many people like to come see it, or even try to climb it. Most of Nepal is covered by the very steep and rugged Himalayan Mountains and the forests and hills that lead up to the mountain range. Because the air gets colder as you climb higher, the people who live in the mountains in the northern part of Nepal are used to lots of snow and cold and severe weather during the winter months. Since it is cool there even in the summer, they need to have lots of warm clothing and animal skins to protect them from the cold. The people who live in the forests and hills in the central part of Nepal are used to changing seasons similar to the seasons we have in the northern part of the United States. The central part of Nepal has a fairly warm summer and a cool spring and fall, and a fairly cold and snowy winter, but without

the fierce storms that come in the mountains. There is also a small strip of fertile, flat land in the southern part of Nepal that enjoys mild winters, warm spring and fall weather, and hot summer days. The capital city of Kathmandu (Kat-mon-doo) is in this region, and most of the population of the country lives in this area. Which part of Nepal would you like to live in if you went there? **(Show the country map of Nepal and talk about the three climate regions within this tiny country.)**

If you look at Nepal on a map, you will see that it is totally surrounded by land. Many countries have at least a little bit of their border along an ocean or sea, but Nepal has no beaches; only lots of mountains. To the south of Nepal is the country of India. This is a very large country with lots of coastline and many, many people. (India is currently the second most populous country in the world, with 1.15 billion people.) To the north of Nepal is the huge country of China, which has the largest population in the world (1.3 billion people). So you can see that Nepal is a very small country with only 29 million people (about the same population as the city of Tokyo, Japan), sandwiched between two very large countries with many, many times more people. **(Look at the map of Asia and show the relationships between China, Nepal and India.)**

Don't you think that God would be much more concerned about all of those billions of people in India and China? Why would He care about a few people scattered around the mountains in the little country of Nepal? He cares about them because He made them. He actually wants to get to know them! Just like He made you and wants to get to know you, right where you live in the United States.

Let's pray for the country of Nepal and the Nepali people who live there. Let's begin to think of them as our brothers and sisters, and as we learn more about them, let's ask God to show us how He would like us to share His love with them.

***Because of language barriers, high postal rates and inconsistent service, and the remoteness of much of the country, sending things, including letters or cards to the country of Nepal is not practical. Therefore, direct contact with the Nepalese Christians is difficult. Native missionaries who already know the language and culture are almost the only possible means of spreading the gospel. One possible way to show our love and support would be to send a picture through the computer to Pastor Janga, the E.C. director in Nepal. If your group would like to do this, you may make arrangements through Pat Strain in the GMC office in Myerstown.*

NEPAL

flag & map



To color the flag of Nepal, use Crayola® Crayons, Colored Pencils or Markers. Color the outline blue and the inside background red leaving the stars and crescent moon white.

Did you know...?

Nepal is located in southeastern Asia, between China and India. Some of Nepal's agricultural products are rice, corn, wheat, sugar, and roots. Some of their other exports are carpets, clothing, and leather goods to India, United States, and Germany.

The red background on the flag stands for the red color of the national flower, the Rhododendron. The blue border around the outside stands for peace. The Nepali flag is the only national flag in the world that is not rectangular.

MMK Multiple Choice Fun Quiz

1. What is the national flower of Nepal?

- A. Daffodil
- B. Marigold
- C. Rhododendron

2. What does the blue border on Nepal's flag signify?

- A. Water
- B. Peace
- C. Sky

3. Nepal is north of what country?

- A. India
- B. Iraq
- C. Burma

4. How many seaports does Nepal have?

- A. Five
- B. None
- C. Three

5. What mountain range covers most of Nepal?

- A. Himalayan Mountains
- B. Appalachian Mountains
- C. Andes Mountains

6. Nepal is about the same size as which of our United States?

- A. Rhode Island
- B. Texas
- C. Arkansas

7. What is the capital city of Nepal?

- A. Delhi
- B. Goa
- C. Kathmandu

8. Nepal is South of what country?

- A. Russia
- B. Pakistan
- C. China

9. What famous mountain is in Nepal?

- A. Mt. McKinley
- B. Mt. Ararat
- C. Mt. Everest

10. What color is Nepal's national flower?

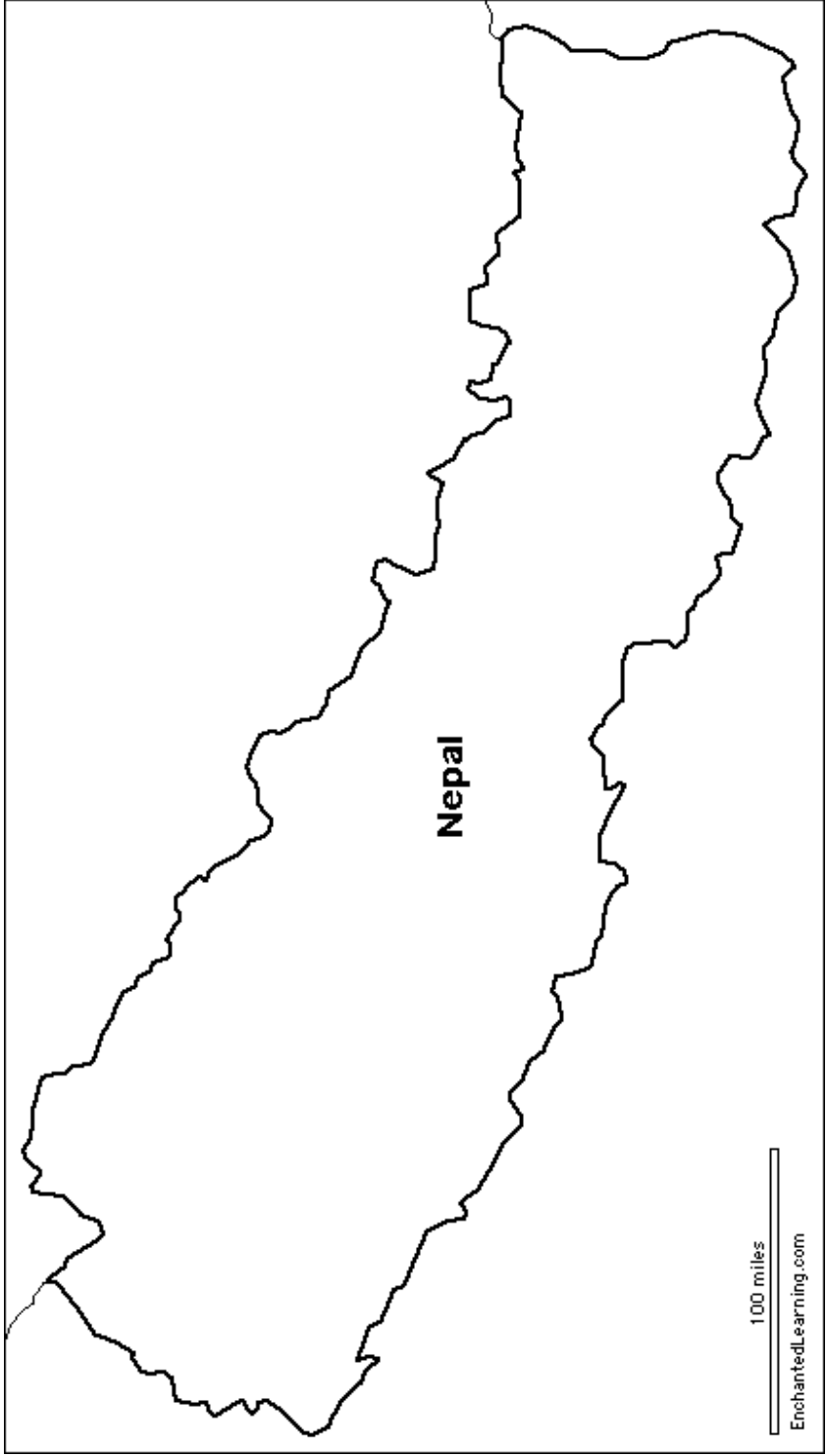
- A. Purple
- B. Red
- C. Yellow

11. Which country has the largest population in the world?

- A. China
- B. Nepal
- C. United States

12. What language do the people of Nepal speak?

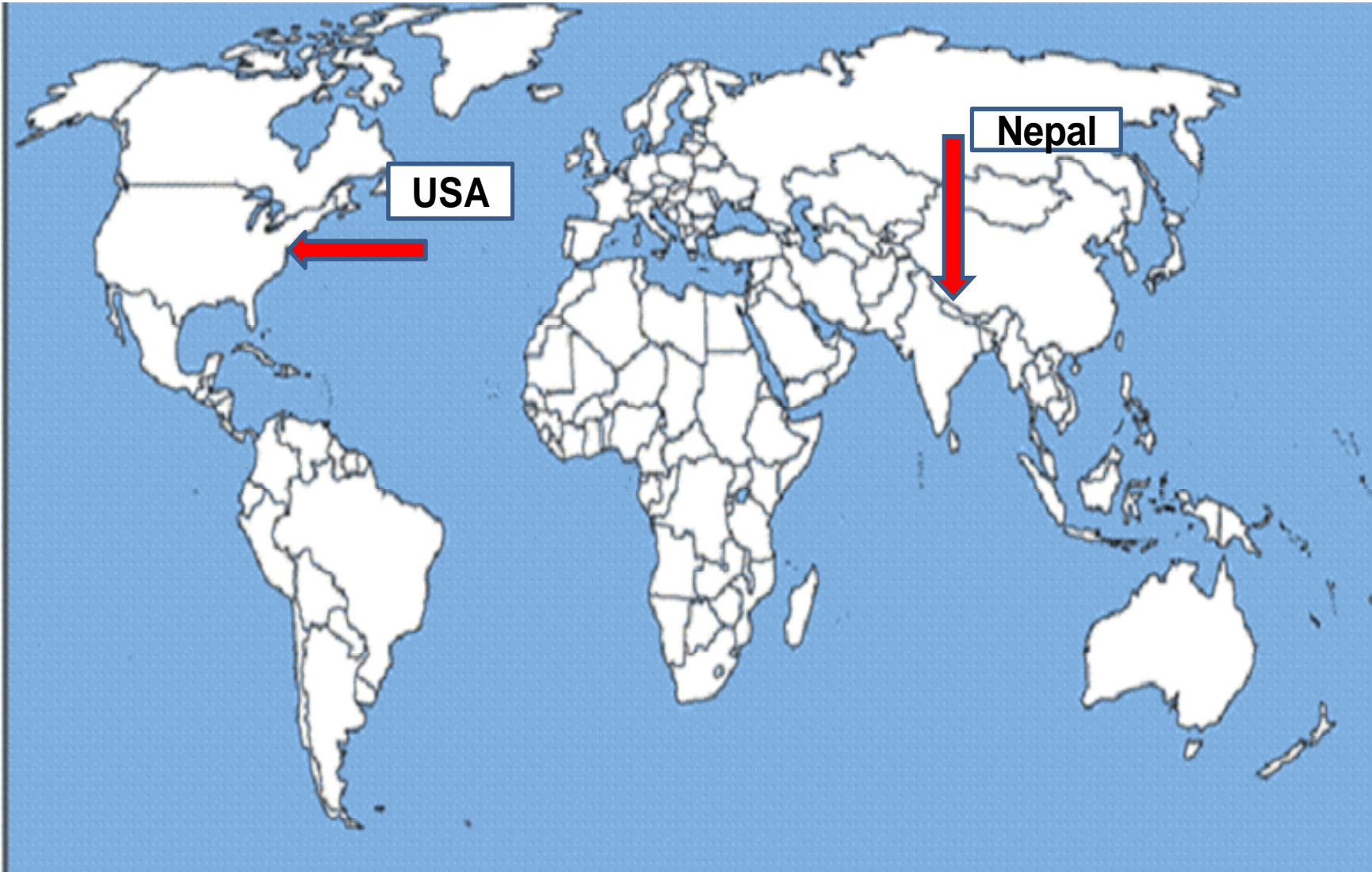
- A. English
- B. Chinese
- C. Nepalese



Nepal

100 miles

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Asia

